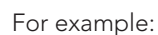


For many teachers, giving lessons in relationships and sex is not an easy task. To support teachers in giving these lessons, the website www.lesgeveninliefde.nl ('Teaching about love') has been developed. On the website you will find videos, tips and personal stories from other teachers about how they deal with the most common dilemmas in sex education.



- How do you create a safe environment in the classroom?
- How do you deal with homosexuality in the classroom?

- How do you deal with different levels of experience and cultural differences among students in the classroom?

'Teaching about sexual-ity is great, but at the same time it can make you feel uncomfortable even if you are an experienced teacher.'



SHARON, TUTOR: 'The website is certainly handy and supportive for teachers to get over difficulties with talking about sexuality.'



Do you want to know more about the Long Live Love teaching pack and how it was developed? Send an e-mail to info@longlivelove.nl

Long Live Love is a product of Soa Aids Nederland and Rutgers WPF. It was developed in close collaboration with Maastricht University, students and teachers. Long Live Love is an evidence-based intervention created using the Intervention Mapping planning tool.

The Long Live Love teaching pack can be ordered through: www.longlivelove.nl

The teacher's guide and worksheets can be downloaded for free from this website.



TEACHING PACK
ABOUT
*relationships
and sexuality*
FOR SECONDARY
SCHOOL STUDENTS

What is Long Live Love?

The Long Live Love materials

The six lessons

E-coaching website for teachers

Questions and orders

what is LONG LIVE LOVE?

The Long Live Love teaching pack

Long Live Love is a teaching pack about relationships and sexuality. It has been developed for 13-15 year old secondary school students in the Netherlands. Long Live Love helps young people to understand their emerging sexuality and make the right sexual choices. It enables teachers to educate students while developing their attitudes and skills with regard to relationships and sexuality.

RICO, 13 YEARS:

'I am not yet thinking about sex but I still find it interesting to learn more about it!'

The six lessons

The teaching pack consists of six lessons. Each lesson is made for one lesson period of 50 minutes.

What's happening to you?

LESSON 1 Puberty, relationships, homosexuality, influence of parents and friends on beginning a relationship.

What are you ready for?

LESSON 2 Chatting up and going out with someone, ending a relationship, dealing with a broken heart, types of intimate physical contact.

Where do you draw the line?

LESSON 3 Discovering what you want and where you draw the line, finding out how the other person feels about that, using the internet safely, undesirable experiences, groomers.

How do you make sex special?

LESSON 4 The first time, having sex only when you are ready, coping with problems regarding sex and getting help for your questions and problems.

Safe sex: what's that?

LESSON 5 Preventing pregnancy, preventing sti's, safe and unsafe sexual behaviour and what to do after unsafe sex.

Safe sex: how do you do it?

LESSON 6 Safe condom use & contraceptive use, talking about it and coping with resistance to having safe sex.

Did you know...

LONG LIVE LOVE TAKES INTO ACCOUNT:

- Young people with diverse cultural backgrounds
- Differences in values and principles relating to sexuality
- Diversity in the way young people form relationships
- Differences between boys and girls
- Young people from different regions

LIA, TUTOR: 'I feel that I really taught my students something! Long Live Love is certainly relevant for students in all stages of sexual development.'

Long Live Love materials

- Magazine for students
- Dvd
- Two digital lessons on www.langlevedeliefde.nl
- Teacher's guide
- E-coaching website for teachers: www.lesgevenindeliefde.nl ('Teaching about love')



The students magazine, dvd and teachers guide are available in English.